

# BEHAVIOR SUPPORT PROGRAM

## OVERVIEW

### **What is the Behavior Support Program at CICS?**

The behavioral support program is a program to support the needs of children who are on the Autism Spectrum who display both behavioral and social challenges under the ages of 6. The challenges we can help with are social skills, social interaction skills, behavioral challenges, decrease self-stimulation, adapt to change, and decrease aggressive and self-harm behavior.

All children will go through an intake process along with further testing for the program. Each child that is eligible for the program will go through an Autism Diagnostic Testing session for a proper diagnosis.

Once the child has the required diagnosis, the child will receive a Functional Behavioral Assessment (FBA) by a trained and experienced staff. The team will then collaborate with the family on achievable goals.

The team will use a holistic model to address the complex needs of the children, relationship with the family and school. The team will carefully assess the goals on readiness to change, designing achievable and realistic goals. The progress will be carefully monitored and the adjustments are made to maximize your child's potential.

### **What to expect:**

The team will work with the family and client using evidence based practices, such as:

- Behavior modification
- Social skills training
- Incidental learning within the child's natural environment and multiple settings

### **Who we are...**

We are an interdisciplinary team consisting of a:

- Consulting Psychologist
- Licensed Behavioral Specialists
- Trained behavioral Technicians