

OCCUPATIONAL THERAPY

OVERVIEW AND EVALUATION

What is Occupational Therapy?

Occupational therapy is treatment that helps people to perform everyday tasks and activities of daily living.

An occupational therapy evaluation may be conducted if there are concerns with:

- Fine motor skills (for example, handwriting, cutting skills)
- Hand-eye coordination
- Sensory processing
- Independence skills for those with delays (for example, getting dressed, brushing teeth, bathing, feeding)
- Feeding (sensory-based oral sensitivities)
- Attention/focus
- Poor motor planning

A CICS Occupational Therapist (OT) conducts an occupational therapy evaluation to assess, describe and interpret an individual's ability to perform everyday tasks. This is done by:

- Collecting child's medical history
- Interviewing parent(s) and child
- Examining cognition, physical and motor skills, while taking psychological, social and environmental factors into account
- Evaluating aspects of motor skill and sensory function through testing
- Identifying effective intervention strategies
- Evaluate the need for specialized equipment and/or technology
- Communicating recommendations and working with family members to set goals and create an individualized Occupational Therapy Treatment Plan for SUCCESS

